Sale

*Limited Thyme Sale*

**Starts Thursday 9/18 at 10am through Sunday**

All Varieties of

# Marinated Antibiotic Free Chicken Breast

# $5.99 LB

*while supplies last*

*Limited Thyme Sale*

**Starts Thursday 9/18 at 10am through Sunday**

Force of Nature, Grass Fed + Finished

# Boneless Ribeye Steak

# $18.99 LB

*while supplies last*

Check out our digital ad online for even more offers!

FRESH THYME MARKET

Avocados Mexico

88¢
Mexican Hass Avocados
medium

California Strawberries
1 lb, limit 2

MY THYME
digital coupon

$2.99
-$1.00
1.99
after digital coupon

Clip this digital coupon before checkout in the app or at freshthyme.com

WILD CAUGHT

5.99 ea
Lobster Tails
4 oz, previously frozen

Pint Blueberries or 6oz Raspberries 2.99





Premium Gregory Moon Drop, Gum Drop, Tear Drop or Cotton Candy Grapes 3.99 LB

Organic Honeycrisp Apples 3 lb bag 3.99

Organic Green or Red Seedless Grapes 2.99 LB
extra large

White Cauliflower or Green Beans 99¢ LB

Yukon Gold Potatoes 5 lb bag or Medium Yellow Onions 3 lb bag 1.99

Family Size Angel Sweet or Wild Wonder Tomatoes 4.99
24 oz

1lb Cello Carrots or 30ct Stemmed Celery 99¢

Fresh Thyme Organic Ground Beef or Thomas Farms Organic Beef Steaks or Ground Beef BUY TWO GET ONE FREE
8 to 10 oz, mix or match

Certified Angus Beef® Boneless New York Strip Steak 14.99 LB

Large Wild Caught Snow Crab Clusters or Farm-Raised Atlantic Salmon Fillets 10.99 LB

Colossal 8/12ct Raw EZ Peel Shrimp 7.99 LB
Save $2 - Thu-Tue, 9/5-9/10
*Gulf Shrimp 16/20 ct 16 oz.....6.99*

Sante Kettle Cooked Potato Chips 5.5 oz 3/9

Siggi's Plant-Based Yogurt 5.3 oz 3/5

WHEN YOU BUY 2 OR MORE
Zevia Zero Calorie Soda 6 pk, 12 oz, quantities less than 2 are regular price 2/10

Primal Kitchen Pasta Sauce 19-24 oz 6.99

ENTIRE LINE ON SALE
Tom's of Maine 25% OFF

ENTIRE LINE ON SALE
One With Nature Body Care 25% OFF

Fresh Thyme Salsa 16 oz, black bean corn, peach pineapple, cilantro, hatch chile, natural mild or medium Rose's Tortilla Yellow Chips 18 oz.....3.99 2/7

All Spanish or Mexican Cheese 8-20 oz, select varieties mix and match, equal or lesser value BUY ONE GET ONE 50% OFF

La Tortilla Factory Tortillas 7-12ct 15 oz mix and match, equal or lesser value BUY ONE GET ONE 50% OFF

Boar's Head Hummus 10 oz BUY ONE GET ONE 50% OFF


100 - 199 - 200 - 299 - 300 - 399 - 400 - 499 - 500 - 599 - 600 - 699 - 700 - 799 - 800 - 899 - 900 - 999 - 1000 - 1099 - 1100 - 1199 - 1200 - 1299 - 1300 - 1399 - 1400 - 1499 - 1500 - 1599 - 1600 - 1699 - 1700 - 1799 - 1800 - 1899 - 1900 - 1999 - 2000 - 2099 - 2100 - 2199 - 2200 - 2299 - 2300 - 2399 - 2400 - 2499 - 2500 - 2599 - 2600 - 2699 - 2700 - 2799 - 2800 - 2899 - 2900 - 2999 - 3000 - 3099 - 3100 - 3199 - 3200 - 3299 - 3300 - 3399 - 3400 - 3499 - 3500 - 3599 - 3600 - 3699 - 3700 - 3799 - 3800 - 3899 - 3900 - 3999 - 4000 - 4099 - 4100 - 4199 - 4200 - 4299 - 4300 - 4399 - 4400 - 4499 - 4500 - 4599 - 4600 - 4699 - 4700 - 4799 - 4800 - 4899 - 4900 - 4999 - 5000 - 5099 - 5100 - 5199 - 5200 - 5299 - 5300 - 5399 - 5400 - 5499 - 5500 - 5599 - 5600 - 5699 - 5700 - 5799 - 5800 - 5899 - 5900 - 5999 - 6000 - 6099 - 6100 - 6199 - 6200 - 6299 - 6300 - 6399 - 6400 - 6499 - 6500 - 6599 - 6600 - 6699 - 6700 - 6799 - 6800 - 6899 - 6900 - 6999 - 7000 - 7099 - 7100 - 7199 - 7200 - 7299 - 7300 - 7399 - 7400 - 7499 - 7500 - 7599 - 7600 - 7699 - 7700 - 7799 - 7800 - 7899 - 7900 - 7999 - 8000 - 8099 - 8100 - 8199 - 8200 - 8299 - 8300 - 8399 - 8400 - 8499 - 8500 - 8599 - 8600 - 8699 - 8700 - 8799 - 8800 - 8899 - 8900 - 8999 - 9000 - 9099 - 9100 - 9199 - 9200 - 9299 - 9300 - 9399 - 9400 - 9499 - 9500 - 9599 - 9600 - 9699 - 9700 - 9799 - 9800 - 9899 - 9900 - 9999

# IT'S APPLE SEASON!

the first arrivals are here!

**IN STORE NOW**

## Gala

Tart — Sweet

SWEET FLAVOR WITH A CRISP BITE. GREAT FOR FRESH-CUT SLICES AND DELICIOUS IN A SALAD.

## Sweet Tango

Tart — Sweet

A BLEND OF HONEYCRISP AND ZESTAR VARIETIES IT IS CRISP AND SWEET WITH A LIVELY TOUCH OF CITRUS, HONEY AND SPICE. BEST FOR SNACKING.

Hair Care Feature Sale

MegaFood
**Magnesium**
select varieties

**30% OFF**

ENTIRE LINE ON SALE

Level
**Whey Protein**

**25% OFF**

ENTIRE LINE ON SALE

Natrol
**Supplements**

**20% OFF**

ENTIRE LINE ON SALE

Liquid IV
**Hydration Supplements**

**25% OFF**

Boar's Head
**London Broil**

*Boar's Head Smoked Goods*..... 9.99 lb

**13.99LB**

Boar's Head
**Everroast Chicken Breast**

*Boar's Head Pepperoni*..... 9.99 lb

**11.99LB**

**Fall Harvest Bouquet** **8.99**

**8" Hardy Mums** **5.99**

**80% Lean Grass-Fed and Finished Ground Beef**

3 lb or more per package, less than 3 lb $5.49 lb

**4.99LB**

Indiana Kitchen
**Regular or Thick Cut Bacon**

16 oz

**4.99**

Farm Promise
**Sea Salt Butt Roasts, Loin Fillets or Tenderloins**

Value of meat%, squad or lesser item free

BOGO

**Certified Angus Beef® Eye of Round or Bottom Round Roast**

**5.99LB**

WHEN YOU BUY 2 OR MORE

Brew Dr
**Organic Kombucha**

16 oz, quantities less than 2 are regular price

**2/$4**

Abbot's Butcher
**Plant Based Meats**

10 oz

**5.99**

Daring
**Plant-Based Entrees**

8 oz

**4.99**

Blue Zones Kitchen
**Frozen Entrees**

8-9 oz

**6.49**

Snack Factory
**Pretzel Crisps**

7.2 oz

**2/$7**

Fresh Thyme
**Frozen Pizza**

17.21-18.02 oz

**3.99**

ONE
**Energy Bar**

60 grams

**2/$5**

Endangered Species
**Fair Trade Chocolate Bars**

3 oz

**2/$9**

Racconto
**Pasta**

16 oz

**2/$4**

Midel
**Ginger Snaps**

6-10 oz

**3.99**

Albanese
**Bulk Gummies**

sold by the pound

**20% OFF**

GET ON ASSORTED WALTZ GIFT SETS
MIX AND MATCH 3 OR MORE

Apothic
**Wine**

select varieties, 750 ml

**9.99**

Prices valid 9/17/25–9/23/25 at our Michigan locations

It's always fresh to recycle

We reserve the right to correct pricing errors. Not all items available in all stores. We reserve the right to limit quantities. Bottle deposit is in addition to the price shown, where applicable. Beer and wine purchases are subject to state laws. 18% and 6% available in Hops and Grapes liquor store locations only. 9% max of 192 fl. oz. of beer and 3,200 mL of wine can be purchased at any one time.

FRESH THYME
MARKET®
ROOTED IN THE MIDWEST
This produce was grown from partnered farms in Michigan.
3.99
Decorative Corn
3ct bunches
99¢
Mini Orange Pumpkins
2/$5
Pie Pumpkins
1.99
Mini Tiger-Striped Pumpkins
99¢LB
First of the Season Assorted Fall Hard Squashes
1.49
Mini White Pumpkins

3.59
Sweet Craft Pumpkin Spice Cheesecake
4.2 oz
4.99
Rise N'Grn HoneyCrisp, Salted Caramel, or Regular Cider Blend
64 oz
1.49
1 Lb
Gala Apple Tote
29.99
Pumpkin Spice Protein
11 oz
13.99
3 Wick Pumpkin Spice Candle
16 oz
4.99
ESW Pumpkin Spice Oat Milk Mask
1.99
Peanut Affy Topple
single
5.99
Maple Donuts Apple Cider or Pumpkin Donuts
select varieties
5.99
Jumbo Pumpkins
5.99
Heirloom Pumpkins
5.99
Miss Jones Baking Co Organic Pumpkin Bread Mix
16 oz
while supplies last
AS SEEN IN THE DELI DEPARTMENT AND BAKERY
7.99
OWYN
Ready to Drink Pumpkin Spice Latte
4 pk
12.99
Panera Bread Autumn Squash Soup
32 oz, in the deli department
1.99
Lil
First Kiss Krab Tote
Pumpkin Picks Are In
BRIGHTEN YOUR FALL SPACE
5.99
8" Hardy Mums
99¢/Lb
Acorn, Butternut, Spaghetti or Kombucha Hard Squashes
4.99
LaClare
Pumpkin or Apple Cinnamon Goat Cheese
4 oz
SEASONAL PICKS, PEAK FLAVOR
2/$6
Farmers Market
Organic Pumpkin or Pumpkin Pie Mix
15 oz
7.99
Old Fashion Pumpkin Pie
22 oz
GREAT ADDITION TO COZY MOMENTS
15.99
Foamby Candles
Ceramic Pumpkin Candles
10 oz
3.99
Valley Lahvash
Pumpkin Crackers
4.5 oz
2/$7
Nonni's
Biscotti
5.50-6.88 oz
5.49
Langer Farms
100% Unfiltered Apple Cider
64 oz
3.99
Mobel
Ginger Snaps
8.82 oz
12.99
GoGo Squeez
Applesauce Halloween Pack
64 oz, 20 pk
PERFECT FOR SCHOOL LUNCHES!
5.99
Bitchin Sauce
Pumpkin Pie Dip
8 oz
6.49
Bragg
Organic Apple Cider Vinegar
32 oz
2/$6
Terra
Seasonal Veggie Chips
6 oz, while supplies last
4.99
Affy Topple
3 Pack
plain or peanut
2/$10
Zevia
Caramel Zero Calorie Soda
12 oz, 6 pk, while supplies last
quantities less than 2 are regular price

COOKING WITH DIETICIAN MEGHAN

# Force of Nature Pita & Steak Handhelds

Thursday, September 18th
6:00 p.m. CT / 7:00 p.m. ET

LEARN MORE